

Session: Safety Warriors

No. of attendees: 21

Presenter: Garry Oker

Facilitator: -

Monitor: Cheryl Uphill

Time: 11.00am – 12.30pm

Psychological safety of individuals

Ceremonial song – brings us to being present with each other. We are all here as we are all caring and educating one another. No matter what we do we must create a sacred space. Challenge occupational health and safety as they do not address the spiritual. “Karma’ energies in the sacred first to have it intact. It’s really about leadership strategies rooted in tradition. Applying ceremonial practice, performers come home safe and happy – there’s a sense of belonging and of who they are (which has value in.)

A warrior is not only a fighter but a protector.

- Build a safety culture together like traditional ancestors
- Elders matched up with young people to teach them the way
- Creates a sense of belonging. Symbolic art and signage clearly creates value and meaning to build a safety awareness and culture.

Goals

Igniting participation in ceremony

Improving experiences learnt

Inspiring progression in mental health and performance

Knowing what to do – vision strategies

Able to do it – knowledge, skills & experience

Equipped to do it – tools, procedure and system understanding

Want to do it – personal motivation and recognition

Making it work – trust, respect, collaboration

Garry uses these 5 models to inspire leadership:

- 1) **Model** the way – top 5 people need to do this
- 2) **Inspire** a shared vision
- 3) **Challenge** the process
- 4) **Enable** others to act
- 5) Constant **encouragement**, make sure the spirit is touched, create incentive

Customize the holistic space (cultural), wisdom, stories, language, art, music e.g. beef jerky to give to workers with safety awareness printed on the packaging to read.

Have in the workplace a space for workers to discuss their dreams, inspire. Herbs and medicine, have a tea and get grounded.

- Art in signage to help with complacency (so people double take when they see an unusual, out of the ordinary sign)
- Respect for the tools that you use in your job
- Music on the brain. Sound and musical notes remind us not to be so linear. Reminds us with our different skills to come together and make something great. We are 'all conductors' in our job.
- When teaching, use different senses, people don't like being talked to or down to.
- Respect on all levels

- Hear the truth of what is happening around you. Stop for a moment to hear what you are creating. E.g. working on a show too busy to stop and actually hear the opera playing on the stage.

- Arts/culture and hands. With your hands you can create anything

- Safety is only about us, our interaction with the elements and the animals

- Focus and fully concentrate on the damages with your tools so you can create speed, e.g. using a chef's knife, focus on your hand placement, not your speed. Speed naturally increases.

- Create a revolution around safety, sometimes you don't need words only symbols.

- All cultures did safety awareness that's how they survived, they passed it along to future generations so the human race has longevity, we do this now in the workplace